



# Understanding Transportation Barriers in the Metro-Quincy Region

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# Community Health Network Alliances (CHNAs)

- Regional community health coalitions
- Convene/connect partners from multiple sectors to address population health problems
- Invest in best practices; promote engagement and collaboration
- Focus on system and practice change



# Transportation's Impact on Health

- Access to public transit is a matter of health equity
- Impacts access to medical and social services → poor health outcomes and social isolation
- Community transit scores ≠ qualitative data



Cultural &  
Linguistic Barriers



Walkability  
Concerns



Pricing  
Structures



System  
Navigation



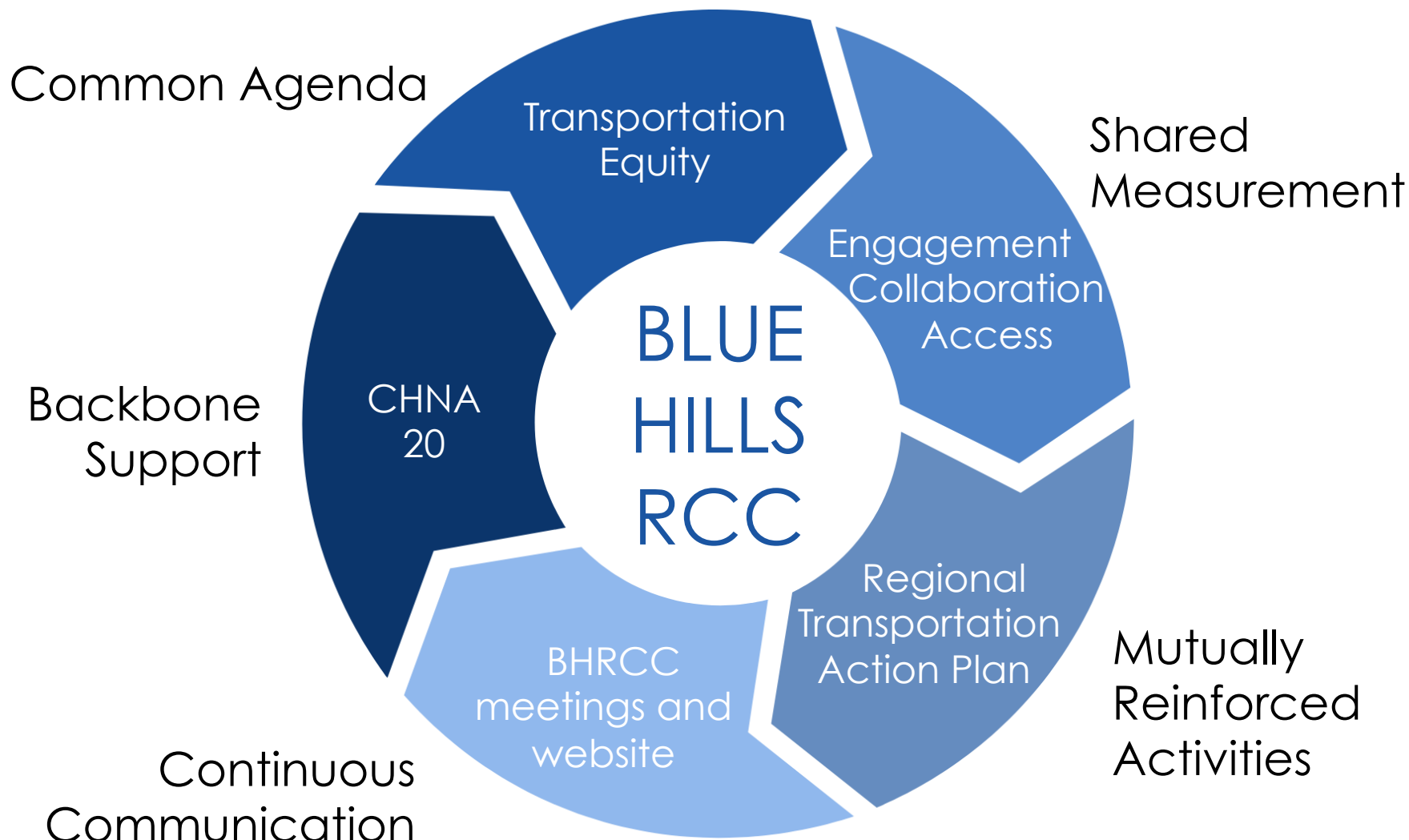
Proximity,  
Hours, Routes

# Solution: Regional Collaboration

- Leverage networks, expertise and resources of multi-sector partners
  - Regional Transit Authorities (RTAs)
  - Regional planning agencies
  - Healthcare agencies
  - Municipal leaders
  - Human services organizations
  - Schools and universities
- Alignment and regional action plans
- Coordinated efforts = healthy communities



# Collective Impact Model



# Blue Hills RCC Project Overview



## Phase I: Needs Assessment

Understand transportation needs & assets



## Phase II: Regional Action Plan

Identify a set of regional priority outcomes



## Phase III: Pilot Program Implementation

Design and implement pilot programs



## Phase IV: Program Expansion

Evaluate and expand programs

# Aligning with Current Efforts

- Municipal Alignment
  - Age-Friendly Communities
  - Weymouth Mass in Motion programs
  - Randolph Health and Wellness Plan
- Regional Alignment
  - Hospital Community Health Improvement Plans
  - Boston Region MPO Destination 2040
- State Alignment
  - Governor's Council to Address Aging in MA
  - Community Compact's Best Practices



# Community Engagement



## Qualitative Data Collection Methods

Resident input-gathering processes are ongoing and linked to decision making



## Community-Based Participatory Research

Build the capacity of residents to advocate and help lead research efforts



## Enhanced Leadership Roles

Residents are included on BHRCC and other boards and committees



# Thank You!

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