

Impairment Awareness

(eTrain Code DUI0083)

Session 1

Impaired Driving Section



July 22, 2016

Warning:

This training is not designed to direct any employee into taking a law enforcement role or action. The information presented is only an effort to make all WSP employees aware of impairment issues they may encounter as a part of the job assignment.

Session 1: Learning Objectives

- Define the term “drug”
- Illustrate the US drug problem issues
- Review drug problem in commercial trucking
- Emphasize roles of WSP personnel in impairment detection/reporting
- Emphasize roles of law enforcement and DREs as a resource



Overall Course Objectives (Cont.)

- Identify, document and describe indicators observed and information obtained related to impairment which leads to the arrest/release decision
- Articulate through testimony any impairment related to alcohol, drugs, or a combination of both based on a first contact or cursory contact.



Important note

- This training is only to support the awareness of the possibility of impairment in social contacts or during WSP job assignments.
- This course will NOT qualify or certify the participant as an investigator, law enforcement role, or DRE.
- The training WILL NOT give any police powers or rights to detain or arrest suspects, contacts, or customers



Overall Course Goal

- This course will *assist* WSP personnel to observe, identify and articulate the suspicions of impairment related to drugs, alcohol or a combination of both in order to make notification and request additional resources to further investigate.



WSP Mission Statement

- The Washington State Patrol makes a difference every day, enhancing the safety and security of our state by providing the best in public safety services.



What is a DRUG?

Any substance that, when taken into the human body, can impair the ability of the person to operate a vehicle safely.



2012 National Survey Drug Use and Health (NSDUH)

- 131 million (52%) people consider themselves drinkers
- 6.7% consider themselves heavy drinkers
- 22.6 million people (8.9%) have used illicit drugs in the past month



(NSDUH) Self-Reported Drug Use

- 17.4 million consider themselves current marijuana users
- 60% only use marijuana
- 17% use marijuana in combination with other drugs
- 77% of current illicit drug users also use marijuana



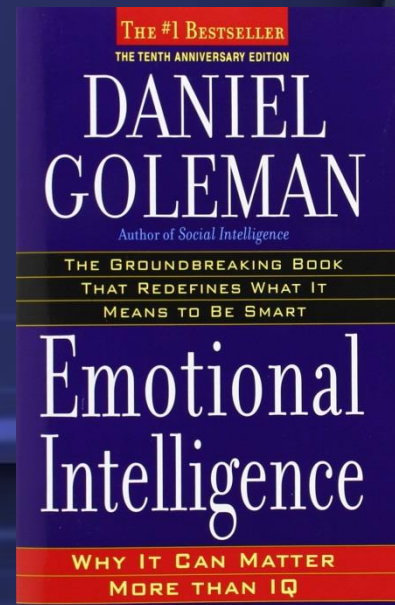
What drives human interaction?

- Predispositions?
- Experience?
- Training?
- Behavior?
- Fear?
- Emotions?
- Other catalysts: job description, WSP Mission Statement, etc.

Emotional Competency

Author Daniel Goleman in his book “Emotional Intelligence” there are 8 basic families of emotion people can see:

- Fear
- Anger
- Sadness
- Enjoyment
- Love
- Disgust
- Surprise
- Shame



Think of each of the following emotions
and see if you can envision what this
might look like at your job duty station:

Fear (Safety)

- Anxiety
- Apprehension
- Nervousness
- Concern
- Consternation
- Misgiving
- Wariness
- Qualm
- Edginess
- Dread
- Fright
- Terror
- Extreme cases
 - Phobia
 - Panic



ANGER (Justice)

- fury
- outrage
- resentment
- wrath
- exasperation
- indignation
- vexation
- acrimony
- animosity
- annoyance
- irritability
- hostility
- Extreme manifestation
 - Hatred



Sadness (loss)

- grief
- sorrow
- cheerlessness
- gloom
- melancholy
- self-pity
- loneliness
- dejection
- despair
- Extreme cases
 - Depression



Enjoyment: (Gain)

- Happiness
- joy
- relief
- contentment
- bliss
- delight
- amusement
- pride
- thrill
- gratification
- satisfaction
- euphoria
- whimsy
- ecstasy
- **Extreme cases:**
 - mania



Love: (Attraction)

- acceptance
- friendliness
- trust
- kindness
- affinity
- devotion
- adoration
- infatuation



LOVE

Disgust: (Repulsion)

- contempt
- distain
- acorn
- abhorrence
- aversion
- distaste
- revulsion



Surprise: (Attention)

- shock
- astonishment
- amazement
- wonder



Shame: (Self-control)

- Guilt
- Embarrassment
- Chagrin
- Remorse
- Humiliation
- Regret
- Mortification
- Contrition



“Work Homeostasis” What’s ‘normal’?

Homeostasis: the tendency toward a relatively stable equilibrium between interdependent elements.

Term “Routine Contact” or what is expected to be relatively stable or ‘normal’ in a majority of our daily or public contacts

Hired for your experience

- Experience in a job, situation, or with a topic
 - Job: laborer, technical, industry
 - Situational: high risk situation, culture
 - Topic: hobbies, trade, genre
 - Specific Training: specialized, formal, on-the-job, informal



Diversified Employees

Diversity is the inclusion of different experiences and combination of the different experiences.

The WSP relies upon the combination of
EXPERIENCED & DIVERSE Employees!

SUSPICION¹

- 1a : the act or an instance of suspecting something wrong without proof or on slight evidence : mistrust
- 1b : a state of mental uneasiness and uncertainty : doubt
- 2: a barely detectable amount : trace

NOTION²

- an individual's conception or impression of something known, experienced, or imagined
- an inclusive general concept
- a theory or belief held by a person or group
- a personal inclination

Impairment Awareness

Emotional Intelligence (EQ)

+

Diversity

+

Experience

+

Suspicion/Notion

=

Detection

What's a Drug?

- Session 2 will cover the 7 separate drug categories

Questions?